

Cushing's Syndrome

Owner Logbook



Owner logbook

This logbook provides a simple and easy way to record how your dog is progressing with Vetoryl treatment. Through effective treatment it is possible to improve your dog's quality-of-life, restore their health and reduce the risk of your dog developing other conditions.

Over time, you can expect to see improvements in your dog's clinical signs of Cushing's

It is important to keep track of these changes to help your vet assess your dog's response to treatment. There are four main clinical signs to monitor:

Drinking and urination

- Cushing's commonly makes dogs drink more water and urinate more

Appetite

- The excess steroids produced by Cushing's syndrome make dogs really hungry

Appearance

- Hair: Some dogs with Cushing's will lose their hair or it will become dry and brittle
- Skin: Cushing's dogs often have dry and flaky skin that might appear thin and tight
- Pot belly: Your dog may look to have a rounded appearance around their waist

Attitude / activity

- Cushing's can cause weakness and lethargy. After starting treatment, your dog will start to become more themselves again and back to doing what they enjoy

Cushing's Clinical Score

These are the important clinical signs to monitor in a dog with Cushing's syndrome. This logbook will help you keep a track record of your dog's Cushing's Clinical Score. It is important that you provide your vet with the following information each time you visit:



Drinking and urination

- 0 = Drinks and urinates a normal amount
- 1 = Possibly drinks and urinates more than is normal
- 2 = Noticeably drinks and urinates more than is normal
- 3 = Constantly drinks and urinates



Appetite

- 0 = Eats a normal amount
- 1 = Finishes food more eagerly
- 2 = Finishes food more eagerly then begs for more
- 3 = More obsessed with food than ever



Appearance

- 0 = Appearance is normal
- 1 = Slightly poor hair and skin quality
- 2 = Poor hair and skin quality and/or a slight pot belly
- 3 = Substantial hair loss and/or a noticeable pot belly



Attitude/Activity

- 0 = Activity and attitude is the same as normal
- 1 = Not quite themselves
- 2 = Not themselves and/or panting at rest
- 3 = Not at all themselves, weak and/or constantly panting

Date	Vetoryl Dose	Times Daily	Cushing's Clinical Score				Other signs (e.g. vomiting, diarrhoea, off food)
			Drinking/ Urination	Appetite	Appearance	Attitude/ Activity	



Top Tip: Always give Vetoryl with food to ensure it works as effectively as possible.

More information on the Cushing's Clinical Score is available at www.canine-cushings.co.uk

Cushing's Clinical Score

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Did you know? You shouldn't split Vetoryl capsules.



Top Tip: Make a note of the **TIME** of day your dog's symptoms are at their worst. Does your dog urinate more at night than during the day? Discuss this with your vet.

Cushing's Clinical Score

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Did you know? There are a number of serious conditions that can occur as a result of Cushing's such as diabetes, pancreatitis and high blood pressure. Therefore it is important for your vet to see you and your dog for regular check-ups.



You can view information on the endocrine support diet at: www.specific-diets.co.uk/dog/endocrine-support

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Did you know? Vetoryl is the only licensed drug for the management of Cushing's in dogs.



Top Tip: If your dog shows any signs of illness whilst receiving Vetoryl, such as vomiting, diarrhoea, lethargy or going off their food, stop treatment and call your vet.

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Did you know? You should not handle Veteryl if you are pregnant or trying to get pregnant.



**For more information about Cushing's Disease visit:
www.canine-cushings.co.uk**

Cushing's Quality of Life Questionnaire

	Never	Occasionally	Often	All the time
CLINICAL IMPACT	0	1	2	3
My dog is excessively thirsty				
My dog urinates in the house				
My dog is excessively hungry				
My dog pants excessively				

	0	1	2	3
DOG'S DEMEANOUR	0	1	2	3
My dog is depressed and quiet				
My dog has no energy				
My dog doesn't want to interact with other people/dogs				
My dog is reluctant to play with me				
My dog seems disorientated/confused				

	0	1	2	3
PHYSICAL IMPACT	0	1	2	3
I struggle with my dog's weight				
My dog's hair coat is in a poor condition				
My dog's skin appears to be uncomfortable (e.g. dry/tight)				
My dog appears to be in a poor physical condition (e.g. muscle loss/pot bellied)				
My dog struggles to walk very far				

	0	1	2	3
OWNER IMPACT	0	1	2	3
I worry about the future health of my dog				
Mine and my dog's daily routine is disrupted				
I feel I am struggling to manage my dog's health				
I feel the bond between me and my dog is lacking				
I feel my dog's appearance attracts negative comments				

DATE		TOTAL SCORE	
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For more information about Cushing's Syndrome visit:
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VETORYL: Vetoryl contains trilostane

Dechra Veterinary Products A/S, Mekuvej 9, 7171 Uldum, Denmark

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www.dechra.com

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