



## APPLE LYTES™ PASTE

### Replenish Lost Electrolytes After Exercise



Apple Lytes™ Paste has been carefully formulated to begin to replace the key electrolytes, and encourage drinking to help prevent dehydration and maintain peak performance.

Apple Lytes™ is palatable, low in sugar and suitable for all horses and ponies. It also comes in a convenient, easy to administer syringe, handy for travel and shows.

An increase in body temperature, either as a result of exercise, travelling or high environmental temperature, will cause the horse to sweat. The evaporation of this sweat helps the horse to cool down and regulate his body temperature. Sweating causes fluid loss, together with the loss of body salts called electrolytes, contained in the sweat. A horse in moderate work, trotting and cantering, can lose as much as 5-7 litres of fluid and 50-70g electrolytes in an hour, and this will increase as the work intensity or duration increases, and even more in hot, humid weather.

Research has shown that just 1% dehydration can adversely affect a horse's performance so maintaining hydration, and replacing lost electrolytes is important not only for elite competition horses, but for all horses and ponies.

## What are the benefits of Apple Lytes?

- **Convenient**, easy to administer syringes, handy for travel and shows.
- **Sodium, Potassium and Chloride** levels are carefully balanced to provide optimum levels to promote drinking and restore electrolyte losses to maintain performance.
- **Calcium and Magnesium** are also provided from bio-available sources to replenish losses.
- **Low sugar** and suitable for all horses and ponies
- **Highly palatable**, with an attractive flavour, and readily accepted even by fussy feeders.

### Key Ingredients Per 30ml Syringe:

Sodium	5000g	Potassium	2000mg
Chloride	9600g	Calcium	150mg
Magnesium	60mg	Dextrose	2200mg



## Additives (per kg):

**Sensory additives:** Mixture of flavouring compounds 5g

**Technological additives:** E327 Calcium Lactate 27.3g, E202 Potassium sorbate 2g

**Composition:** Sodium Chloride, potassium chloride, dextrose, magnesium sulphate.

### Analytical Constituents:

Crude Ash	44.0%	Potassium	6.6%
Sodium	16.7%	Calcium	0.5%
Chloride	32.2%	Magnesium	0.2%

**Pack size:** 2x15ml (7 day supply).

**Directions for use:** For 400-600 kg horses: 15 ml daily for lighter work, 30 ml daily for horses in harder work sweating heavily. Administer into the horse's mouth onto the back of the tongue. Maximum 30 ml per day  
Do not exceed recommended intakes unless under professional advice.

Note Apple Lytes should not be administered on a empty stomach, but should be given at appropriate intervals during long distance travel. Following exertion, once cooled and calm, the horse should be offered a small fibre feed or access to forage, before administering Apple Lytes Paste